

# THE PORCH LIGHT

HALDIMAND NORFOLK HOUSING CORPORATION NEWSLETTER | SPRING 2023



A newsletter for our residents at Haldimand Norfolk Housing Corporation, Long Point Area Non-Profit Housing Corporation, Dunnville Non-Profit Housing Corporation, South & Metcalfe Non-Profit Housing Corporation, and Del-Gold Villa Non-Profit Housing Corporation.

## SPRING CONTEST



To celebrate Earth Day we will be holding a contest! All you have to do is email [ideas@hnhousing.ca](mailto:ideas@hnhousing.ca) with your Earth Day Tips and Money Saving Tricks.

Tell us how you do your part to save the planet!

We will draw four winners on May 1, 2023. Each winner will receive a \$25 gift card from either Canadian Tire, Walmart, or A&W.

## Please Note Our Office has new hours:

Mon-Thurs 9:00 AM - 4:00 PM  
Friday by appointment

Save gas! Members of our Property Management Team have site hours each week at many of our locations and are available to meet with you at one of our site offices. Just give us a call to set up an appointment or to find out when we're on-site.

## Earth Day

Earth Day is an annual event for everyone to demonstrate their support for environmental protection.

Earth Day has been celebrated each year on April 22nd since 1970 and now more people around the globe participate in Earth Day activities than any other movement. You can find out more about Earth Day in Canada at [www.earthday.ca](http://www.earthday.ca). There are lots of ways you can contribute, from helping to clean up a local park, or planting a tree, to committing to using less single-use plastic. There are so many more ways you can make a difference. How will you participate this year?

## Good to know!

As of January 1, 2023, your local pharmacist can now authorize prescriptions for some common ailments. You don't have to wait for an appointment with your family doctor and can get relief faster! These ailments include:

- ✓ Allergic rhinitis
- ✓ Conjunctivitis (bacterial, allergic and viral)
- ✓ Dermatitis (atopic, eczema, allergic and contact)
- ✓ Dysmenorrhea
- ✓ Gastroesophageal reflux disease (GERD)
- ✓ Hemorrhoids
- ✓ Herpes labialis (cold sores)
- ✓ Impetigo
- ✓ Insect bites and urticaria (hives)
- ✓ Tick bites, post-exposure prophylaxis to prevent Lyme disease
- ✓ Musculoskeletal sprains and strains
- ✓ Urinary tract infections (uncomplicated)



## Dill Pickle Pasta Salad

### Ingredients:

- » 1 box Rotini Pasta (16 oz)
- » 2 cups Baby Dill Pickles (chopped)
- » ½ cup Dill Pickle Juice (from a pickle jar)
- » 8 ounces Marble Cheese (cubed into small bite size pieces)

### For the Dressing:

- » ½ cup Mayonnaise
- » 2 tablespoons Fresh Dried Dill (chopped)
- » ½ cup Sour Cream
- » ¼ teaspoon Salt
- » ¼ cup Pickle Juice
- » ¼ teaspoon Black Pepper
- » ½ teaspoon Onion Powder

### How to Make Dill Pickle Pasta Salad:

**Step 1** - Boil the pasta based on the package instructions to al dente. Then run cold water over the pasta to stop the cooking process.

**Step 2** - Toss Pasta with Pickle Juice – Toss the cooled pasta with ½ cup of dill pickle juice. Then set it aside while you prepare the other ingredients (approximately 5 minutes).

**Step 3** - Stir in Pickles & Cheese – Then drain off any excess pickle juice from the pasta. Then gently stir in the diced pickles and cheese. Make sure that the pasta is cooled before mixing in the cheese or it will melt.

**Step 4** - Mix the Dressing Ingredients – Stir together the dressing ingredients in a separate small bowl. Pour the dressing over the pasta mixture and gently toss to coat all the ingredients with the dressing.

**ENJOY!**

## For Your Information

Starting this Spring and over the next three years, HNHC will begin undertaking several Capital repair and improvement projects at various locations in our portfolio. Residents will receive notices in advance for any work that will take place where they reside and we will do our best to disturb residents as little as possible.

### HAVE A MAINTENANCE CONCERN?

Contact us, we want to nail it!

As many of you know we are happy to have Bryan on our team to better help us serve your maintenance repairs and concerns.

Did you know that you can submit maintenance requests online?

Visit <https://hnhousing.ca/contact/> scroll down the page and click on Maintenance Request. You can also call one of our Property Management Assistants:

Who to Call	
<p><b>Clair Stanley</b> Property Management Assistant <b>1-800-265-2819, Ext. 113</b></p>	For Haldimand County, Waterford, and Del-Gold Villa
<p><b>Kyra Eves</b> Property Management Assistant <b>519-426-7792, Ext. 116</b></p>	For Norfolk County (except Waterford & Del-Gold Villa)

To make maintenance as efficient and organized as possible, we have developed a schedule for general repairs. Please note in the case of an emergency, urgent plumbing or electrical repair, this schedule will not apply.

HNHC Maintenance Services Work Schedule				
MON	TUE	WED	THUR	FRI
Simcoe	Delhi	Dunnville	Caledonia, Hagersville, Waterford	Port Rowan & Port Dover

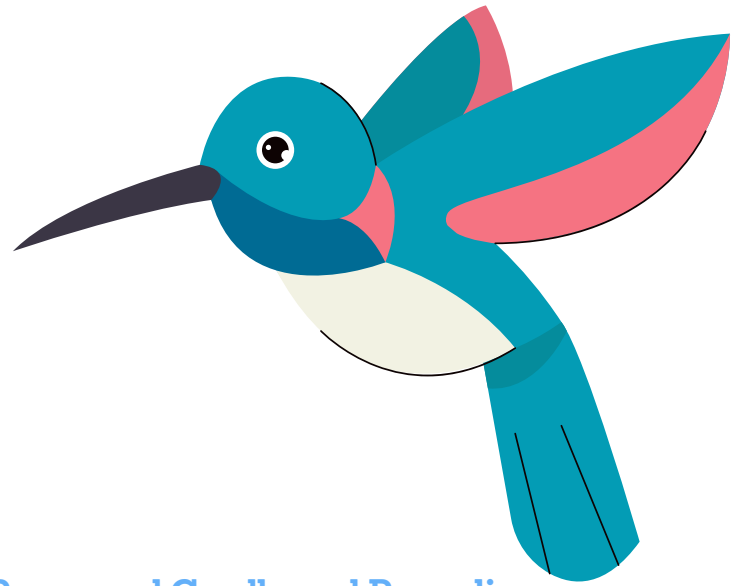
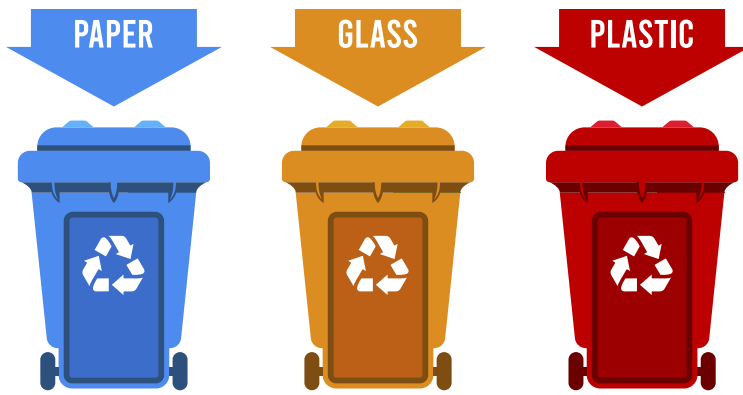
### Examples of Minor Repairs:

Drywall Repairs, Screen Repairs, General Repairs (tightening hinges, lifted floor tiles, baseboard repairs etc.)

### Examples of Emergency/Urgent Repairs:

Water Leak, Smoke Detector Problems, Plumbing or Electrical Issues, Appliance Issues

If you are unsure – please connect with your Property Management Assistant.



# LET'S TALK TRASH

## Garbage & Recycling Etiquette

Doesn't it always seem to be windy on garbage day?! We understand that communal living has its pros and cons, and garbage is one of the challenges that may arise as a concern for tenants and our community.

### For our tenants in apartment buildings, please:

- ✓ Bag all household garbage before placing it in garbage chutes, rooms, or containers.
- ✓ Double-bag garbage if needed to reduce odours.
- ✓ Garbage rooms are for household garbage only. Do not leave furniture, electronics, etc. in the garbage rooms. This is costly to remove and taxes the building's maintenance budget.

### For our tenants in family homes, please:

- ✓ Tightly secure garbage and place it at the curb for pickup by 7:00 am on your collection day.
- ✓ Place the heaviest recycling items on top of lighter material to keep items from blowing out.
- ✓ Keep recyclables below the rim of the recycling bin.
- ✓ Be timely in retrieving your garbage cans and recycling bins.

## Paper and Cardboard Recycling:

- ✓ Cardboard, magazines, newspaper, cereal boxes, clean plastic bags, wrap from toilet paper/paper towel.

## Glass and Plastic Recycling:

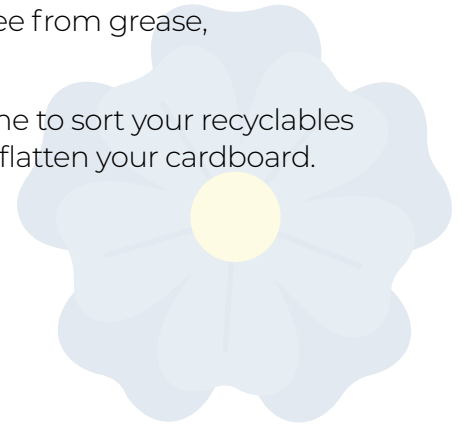
- ✓ Rinse and clean glass jars and bottles, shampoo bottles, beverage containers/cartons (milk, cream, juice, water), and all food cans.

## Garbage: (these items should not be placed in recycling bins)

- ✓ Wrapping paper, ceramics, food waste, paper napkins and plates, pet food bags, paper coffee cups.

## Recycling Reminders:

- ✓ Items must be empty and clean, please ensure all materials are free from grease, liquid, or food.
- ✓ Please take the time to sort your recyclables appropriately and flatten your cardboard.



**We appreciate that you have respect for our home and your neighbours. For more information, visit:**

### Norfolk County:

<https://www.norfolkcounty.ca/living/garbage-and-recycling/>

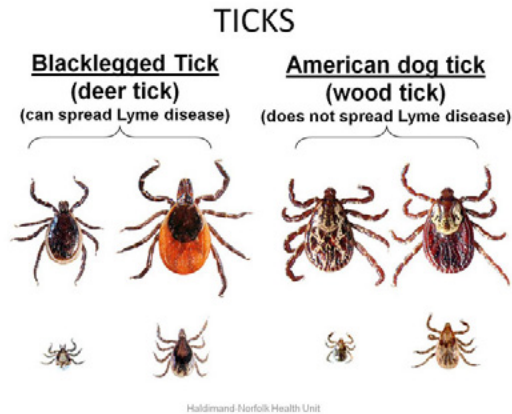
### Haldimand County:

<https://www.haldimandcounty.ca/garbage-recycling/garbage-recycling-collection-programs>

# Summer Safety Tips for Kids

We live in one of the best areas for Summer Fun; picnics, hiking, swimming, splash pads, days at the beach, boating, fishing, biking our beautiful trails, and so much more. Haldimand County and Norfolk County are among the best places to enjoy the outdoors! We want everyone to be safe this summer and would like to offer these Safety Tips:

- » Make sure children are supervised around the water, enroll them in swimming lessons.
- » Everyone should wear a life jacket when boating and in open bodies of water.
- » Make sure children are wearing a helmet when bike riding.
- » Teach your kids about the rules of the road.
- » Wash all fruits and vegetables before eating.
- » Use sunscreen when outdoors.
- » Wear a hat.
- » Drink plenty of water to stay hydrated.



- » Never leave children or pets in the car unattended.
- » Avoid insect bites with repellent and wear light coloured clothing.
- » Be cautious of ticks in long grass and wooded areas.
- » Teach kids to look for bikes and cars before crossing the street.
- » Never let foods containing mayonnaise, milk, eggs, meat, poultry or seafood sit at room temperature for more than 1 hour if it is above 90F/32C
- » Keep kids away from grills and campfires.
- » Find a shady spot or stay indoors if it is hot and humid.

**Please remember:** Open fires of any type are not permitted on any property owned or managed by Haldimand Norfolk Housing Corporation. A great option is to take your family to one of the many campgrounds in our area.

Pools are not permitted on any property owned or managed by Haldimand Norfolk Housing Corporation, instead visit one of our local public pools, splash pads, or beaches. Swimming is a fun and vital skill every child needs to learn from a qualified instructor.

Trampolines are not permitted on any property owned or managed by Haldimand Norfolk Housing Corporation.

Pets must be kept on a leash when you are outside of your unit.



**HALDIMAND NORFOLK HOUSING CORPORATION**  
**UNIT 2 - 25 KENT STREET NORTH, SIMCOE, ONTARIO N3Y 3S1**  
**(519) 426-7792 (Norfolk County) • 1-800-265-2819 (Haldimand County)**